PRESS RELEASE

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FREE "SIDEWALK CPR" TRAINING
Skills to Help Save a Life

As a part of National CPR Week, June 1-7, the Los Angeles County Emergency Medical Services (EMS) Agency, in collaboration with the American Heart Association (AHA), is coordinating a countywide Sidewalk Cardio Pulmonary Resuscitation (CPR) public education event on **June 4, 2013**.

Downey Fire Department will be participating in this valuable public education opportunity by providing FREE Sidewalk CPR training to anyone willing to learn how to save a life. The community is being asked to take 10 minutes to learn how to respond to sudden cardiac arrest and give effective, "hands-only" CPR.

The training will take place within Downey Stonewood Mall (Center Court) from **10 am—1 pm.** Please join us.

"Approximately 74% of cardiac arrests happen at home and potential survival depends on immediately calling 911 and starting CPR," said Dr. Stratton, Medical Director of HCA Emergency Medical Services. More than 300,000 people will die from out-of-hospital cardiac arrest this year. "Immediate CPR can substantially improve a cardiac arrest victim's chance of survival."

American Heart Association®