

STAY HEALTHY

DOWNNEY

Healthy Downey Meeting Recap
Meeting Date: Tuesday, October 14, 2014

Attendees:

<u>Agency</u>	<u>Name</u>
City of Downey- Department of P & R	Arlene Salazar
City of Downey- Department of P & R	Denise Adricula
City of Downey	Sonya Meacham
Downey Unified School District- TLC	Luz Perez
Downey Unified School District	Dr. Robert Jagielski
Kaiser Permanente- Downey Medical Center	Sheri D. Bathurst
Downey Family YMCA	Raul
LA County Department of Public Health	Tonia Sandoval
Rancho Los Amigos Nat. Rehabilitation Center	LaVasha Floyd
Downey Police Department	Jennifer Burkhardt
Health Net of California	Dennis Carrillo
CareMore Medical Group	Carlos Castillo
CareMore Medical Group	Carolyn Youssef
CareMore Medical Group	Dwayne Jenkins
PIH Health	Kelsey McCarthy
Downey Adult School	Julie Spathopoulos
Downey Adult School	Leonor Gonzalez
Downey Adult School	Cindy Grafton
Downey Adult School	Mariana Pacheco
Downey Adult School	Annamarie Montanez
Human Services Association	Natali Robles
Human Services Association	Keshia Kirtz
Human Services Association	Katrina Diaz-Infante
Human Services Association	Yennis Arias
Human Services Association	Coral Meza
Telecare Discoveries	Patricia Madrigal

Actionable items:

- Halloween Pumpkin Patch at 5-9 PM- Halloween night at Apollo Park
- PIH Health Anniversary event- Saturday, October 18
- Human Services Association Store Tour at South Gate- Thursday, October 23 at 9 AM
 - NorthGate #19- 2633 Santa Ana St. South Gate, CA 90280
 - Make your reservation at (562) 806-5400 ext. 251

- Event is reserved for parents and children aged 0-5 who reside in: **Bell Gardens, Downey, South Gate, Huntington Park, Vernon, and Cudahy**

Participants will:

- ✓ Enter into a raffle to win a prize
- ✓ Learn how to shop healthy and select nutritious foods
- ✓ Learn how to read and understand nutrition labels

Shared Ideas/Challenges:

- Walk to School Day- is it really a priority? Need to look back on what the goal is for the event
 - Perhaps choose another day better fit for the schools

Attendees Roundtable Discussion:

- Kaiser and TLC- SPA 7 working on healthy eating and have more students graduate
 - How to get the word out since we have resources
- Downey Adult School- Blood Drive Monday, November 10 at 9 AM – 9 PM
- City- New walking trail at Furman Park
 - Dedication ceremony- Saturday, November 1 at 10:30 AM
 - Funding for new fitness equipment
 - Ground breaking dedication at Apollo Park- Saturday, November 1 at 12:15 PM
- LA County Department of Public Health- Health Planning meeting= educating nurses, entero viruses
- Healthy Downey- Joint Bike and Walk to School Day? Or choose another date?
 - A new date after Christmas? Can have a meeting with representatives in August
- YMCA- Friday, Nov. 14-annual Dodgeball- community support
 - \$5 (early bird) for a minimum of 6 people on a team
 - \$10 for members & guests

Next meeting: Wednesday, November 12, 2014

Save the Dates:

- Havana Nights Rooftop Event- Wednesday, October 22, 2014
- Dia De Los Muertos- Sunday, November 2, 2014
- Healthy Downey Collaborative Initial Strategic Planning Meeting- Wednesday, November 12, 2014
- World Special Olympics Host Town- July 21-24, 2015